

# Solid-state light-phase detector

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**Attosecond science relies on the use of intense, waveform-controlled, few-cycle laser pulses<sup>1</sup> to control extreme nonlinear optical processes taking place within a fraction of an optical period. A number of techniques are available for retrieving the amplitude envelope and chirp of such few-cycle laser pulses. However, their full characterization requires detection of the absolute offset between the rapidly oscillating carrier wave and the pulse envelope, the carrier-envelope phase (CEP). So far, this has only been feasible with photoelectron spectroscopy, relying on complex vacuum set-ups<sup>2–4</sup>. Here, we present a technique that enables the detection of the CEP of few-cycle laser pulses under ambient conditions. This is based on the CEP-dependence of directly measurable electric currents generated by the electric field of light in a metal-dielectric-metal nanojunction. The device holds promise for routine measurement and monitoring of the CEP in attosecond laboratories.**

The electric field of a laser pulse can be described as  $F(t) = \frac{1}{2}\tilde{F}(t)e^{-i(\omega_L t + \varphi_{CE})} + c.c.$ , where  $\omega_L$  is the carrier frequency and the complex amplitude  $\tilde{F}(t) = F_0 f(t)e^{-i\varphi(t)}$  comprises the normalized real-field envelope, the peak amplitude  $F_0$  and the time-dependent phase  $\varphi(t)$ . The CEP  $\varphi_{CE}$  describes the offset between the carrier wave oscillating at  $\omega_L$  and the maximum of the real-field envelope  $f(t)$ . If the pulse duration, defined as the full-width at half-maximum of  $f^2(t)$  (the square of the envelope) becomes comparable with the carrier period  $2\pi/\omega_L$  of the waveform,  $\varphi_{CE}$  affects the evolution of nonlinear electron phenomena driven by  $F(t)$ , including high-order harmonic generation<sup>5,6</sup>, ionization of atoms and molecules<sup>7–9</sup>, interaction with plasmas<sup>10</sup>, as well as photoemission from metals<sup>11,12</sup> and nanoparticles<sup>13</sup>. Attosecond control over these processes calls for control and full characterization of the applied electric field  $F(t)$ .

Attosecond streaking<sup>14</sup> permits complete measurement of the vector potential of a laser pulse, from which  $F(t)$  is easily obtained as its temporal derivative. Alternatively, the combination of conventional pulse characterization techniques<sup>15–17</sup> acquiring the normalized complex amplitude  $\tilde{F}(t)/F_0 = f(t)e^{-i\varphi(t)}$  and a measurement of the CEP,  $\varphi_{CE}$ , may provide access to the full waveform. Although relative changes of the CEP can be detected by spectral characterization of mixed fields using simple and inexpensive set-ups<sup>18–21</sup>, tracking down its absolute value is currently based on nonlinear

photoemission from atoms or solids with stereo above-threshold ionization (stereo-ATI)<sup>2–4</sup> and attosecond streaking<sup>14,17</sup>, both of which require rather complex, space-consuming vacuum apparatus.

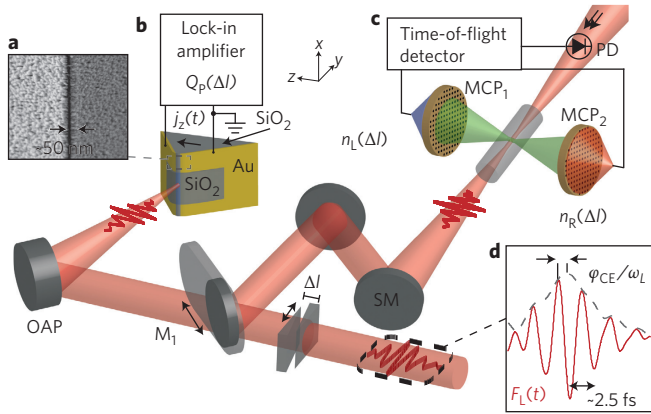
Here, we report the first method to enable absolute CEP detection with a solid-state detector that is applicable in ambient conditions. Recently, we have shown that the strong electric field of an intense, linearly polarized, visible/near-infrared (vis/NIR), few-cycle laser pulse can rapidly increase the (a.c.) conductivity of a solid insulator, allowing electric currents to be induced and switched with the field of visible light<sup>22</sup>. In these experiments, we exposed amorphous silicon dioxide (bandgap  $E_g \approx 9$  eV) to a strong, controlled electric field  $F(t)$  of a few-cycle pulse with a carrier photon energy of  $\hbar\omega_L \approx 1.7$  eV. The resultant transient nonlinear increase in electric polarization allowed the few-cycle field to drive a current through two unbiased gold electrodes connected to the sample. Because the effect is controlled directly by  $F(t)$ , it is sensitive to the CEP<sup>22</sup>.

This sensitivity can be utilized for the measurement of  $\varphi_{CE}$  if, and only if, the following two conditions are fulfilled: (1) the current versus  $\varphi_{CE}$  dependence is calibrated and (2) this calibration is robust against variations in the pulse intensity. This work addresses and fulfils these conditions by applying a series of careful experiments and numerical simulations. We used sub-4 fs ( $\sim 1.5$  cycle) vis/NIR laser pulses carried at  $\lambda_L \approx 0.75$   $\mu\text{m}$  to study the  $\varphi_{CE}$  dependence of optical-field-induced electric currents in a metal–dielectric–metal junction and compared it with measurements simultaneously performed with a stereo-ATI phasemeter<sup>5</sup> (Fig. 1). The junction was exposed to a strong optical field at normal incidence, with perpendicular polarization of  $F(t)$  (Fig. 1a,b). The peak electric field amplitude was set at  $F_0 \approx 1.24$   $\text{V \AA}^{-1}$  by focusing pulses of  $\sim 4$   $\mu\text{J}$  energy. This is only  $\sim 1\%$  of the total pulse energy of the utilized few-cycle laser system<sup>23</sup>. All experiments reported herein were performed in vacuum to meet the requirements of the stereo-ATI measurements. However, CEP detection via optical field-induced currents in a solid dielectric can be achieved under ambient conditions, as demonstrated in ref. 22.

The stabilized CEP of the laser pulses was modulated to allow every second pulse in the train to have the same  $\varphi_{CE}$  (that is,  $\varphi_{CE}$  was altered by  $\pi$  for consecutive pulses). This variation of  $\varphi_{CE}$  is beneficial for the isolation of CEP-dependent electric currents using a lock-in amplifier for removal of CEP-independent

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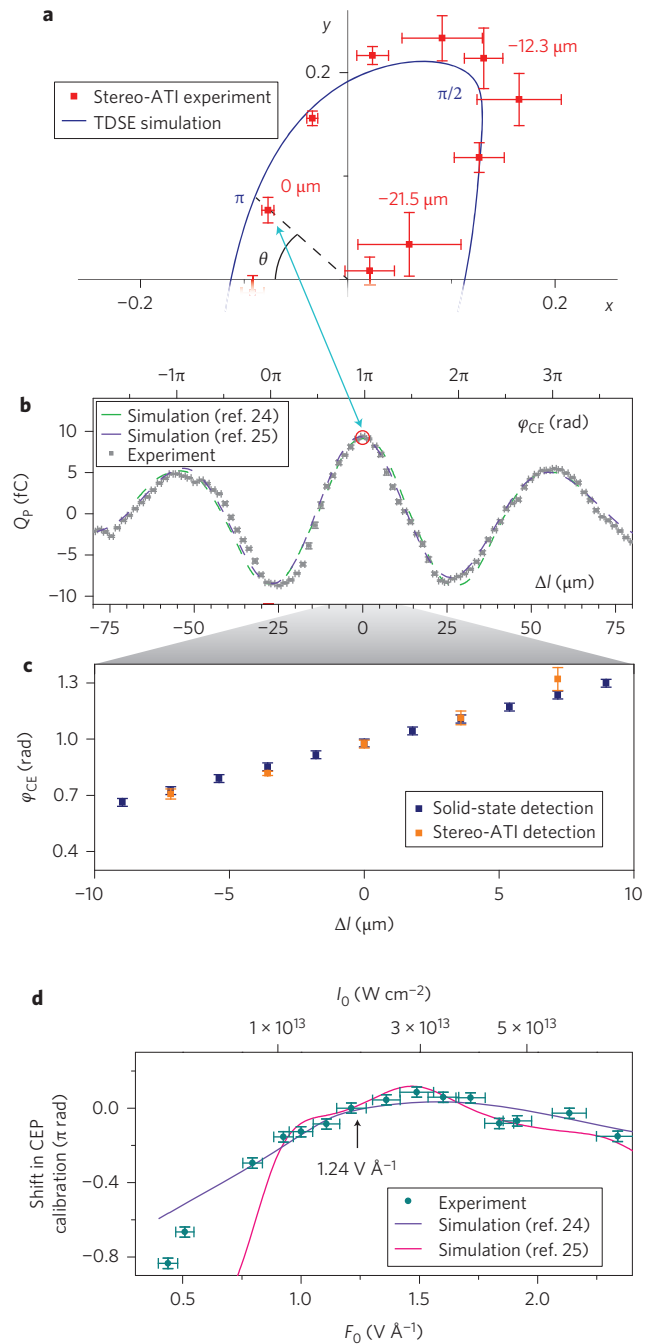


**Figure 1 | Measurement of the absolute CEP of light pulses by optical-field-induced electric currents in a solid-state device.** A metal-dielectric-metal junction in vacuum is exposed to a few-cycle vis/NIR laser pulse, focused with an off-axis parabolic mirror (OAP), with its polarization oriented perpendicular to the junction (that is, in the  $z$ -direction). The CEP is varied by tuning the propagation length  $\Delta l$  of the pulses inside a pair of fused silica wedges. The light field  $F_L(t)$  mediates the increased conductivity of the dielectric, polarizing the junction and creating a current density  $j_z(t)$  between the electrodes. **a**, SEM image of an example junction. **b**, The CEP-dependent fraction  $Q_p$  of the total charge is detected with a lock-in amplifier.  $Q_p$  is calibrated with respect to the absolute CEP of the laser pulse via parallel stereo-ATI measurements. **c**, The laser field is focused with a spherical mirror (SM) into a gas-filled cell where it ionizes Xe atoms and accelerates the photoelectrons towards a pair of MCPs. The CEP-dependent time-of-flight distributions  $n_{L,R}(t_{TOF}, \Delta l)$  of the photoelectrons are determined using a photodiode (PD) for zero time reference in the left (L) and right (R) directions for various values of  $\Delta l$ . **d**,  $F_L(t)$  was determined in a previous experiment via attosecond streaking<sup>14</sup>.

background signals (see Methods). In the following, ‘ $\varphi_{CE}$ ’ always denotes the CEP of odd-numbered pulses. However, recent experiments with an improved geometry of the solid-state device have led to a reduction of the  $\varphi_{CE}$ -independent charge per pulse by about two orders of magnitude, enabling a direct readout of the signal without the requirement of a lock-in amplifier.

The CEP was adjusted continuously by changing the propagation length  $\Delta l$  of the pulses through a pair of fused-silica wedges<sup>21</sup>. The value of  $\Delta l$  for which the CEP is changed by  $\Delta\varphi_{CE} = 2\pi$  is  $\Delta l_{2\pi(\text{Sellmeier})} \cong 51 \mu\text{m}$  according to the Sellmeier equation. The value  $\Delta l = 0 \mu\text{m}$  is defined as the propagation length where the pulse duration is minimum; that is, an increase of  $|\Delta l|$  results in an increase of the pulse duration due to (small) changes in group-delay dispersion.

The CEP-dependent fraction  $Q_p$  of the total charge (that is, the induced current integrated over an interval longer than the laser pulse) flowing through the external circuit, per laser shot, was measured with a lock-in detection apparatus (see Methods) as a function of  $\Delta\varphi_{CE}$ . Figure 2b plots the resultant  $Q_p$  as a function of  $\Delta l$ . Note that the values of  $Q_p$  exceed (by more than an order of magnitude) those acquired in previous measurements (see Fig. 2a in ref. 22) due to improvements in sample quality.  $Q_p(\Delta l)$  shows a clean oscillatory behaviour with its maximum at  $\Delta l = 0 \mu\text{m}$  and a period of  $\Delta l_{2\pi(\text{exp})} \cong 56 \mu\text{m}$ , which is close to  $\Delta l_{2\pi(\text{Sellmeier})}$ . This discrepancy is attributed to the non-optimal alignment of the dispersive wedge with respect to the beam propagation direction. Hence,  $Q_p$  switches polarity for  $\Delta\varphi_{CE} = \pi$ , as intuitively expected. This establishes the link between magnitude and direction of the current and the electric field  $F(t)$  of the laser. The observed decay of the amplitude of  $Q_p(\Delta l)$  with the increase in  $|\Delta l|$  is a consequence of dispersive pulse broadening inside the glass wedges. However, in our experiments,  $Q_p(\Delta l)$



**Figure 2 | Calibration of the CEP-dependent current.** **a**, Parametric plot of the asymmetry parameters  $X$  and  $Y$  of the stereo-ATI measurements (red). Error bars indicate standard deviations of both measurements. The results of the simulation based on solving the TDSE are shown in blue. Radial angle  $\theta$  is used to calibrate the experimental stereo-ATI data. **b**,  $Q_p$  (grey) shown as a function of the propagation length  $\Delta l$  of the laser pulse in the dispersive fused-silica wedge (lower horizontal axis). Data points represent an average of 1,500 consecutive measurements at a given  $\Delta l$  and  $F_0 = 1.24 \text{ V \AA}^{-1}$ . Error bars in **b** and **c** indicate standard deviation. Using stereo-ATI measurements from **a** at  $\Delta l = 0 \mu\text{m}$ ,  $Q_p$  is calibrated with respect to the absolute CEP ( $\varphi_{CE}$ , upper horizontal axis). Results of quantum-mechanical simulations (refs 24,25) are shown in green and purple. **c**, The method to detect  $\varphi_{CE}$  with a solid-state device (blue) is compared with detection using a stereo-ATI apparatus (orange) at different values of  $\Delta l$ . **d**, Relative shift of  $Q_p(\varphi_{CE})$  for different values of laser field amplitude  $F_0$  (lower axis) and of cycle-averaged peak intensity  $I_0$  (upper), compared with the simulation results.

was still detectable above the noise level for values of  $|\Delta l| > 400 \mu\text{m}$ , corresponding to a pulse duration of more than 9 fs (FWHM of the time-dependent cycle-averaged intensity).

Subsequently,  $Q_p$  was calibrated with respect to the absolute CEP of the laser pulse via stereo-ATI measurements performed with identical pulses<sup>4</sup>. After the measurement of  $Q_p(\Delta l)$  with the solid-state device, a mirror was inserted into the beam path, deflecting the pulses into a stereo-ATI apparatus located, together with the solid-state detector, in the same vacuum chamber (Fig. 1). The CEP of the incident laser pulse was detected by analysing the kinetic energy distribution of the electrons that are photoemitted from Xe atoms (see Methods). Uncertainty due to a Gouy phase shift in both foci can be neglected, as in both experiments the sample was placed exactly in the region of the highest laser intensity.

We set 17 different propagation lengths  $\Delta l$ , ranging from  $-21.5 \mu\text{m}$  to  $+27.5 \mu\text{m}$ . For each, 500 single-shot stereo-ATI measurements were performed. Because consecutive laser pulses had a CEP shift of  $\pi$ , which is only required for the accurate detection of  $Q_p(\Delta l)$ , only spectra from odd-numbered pulses were considered for the stereo-ATI measurements. As shown in ref. 4,  $\varphi_{\text{CE}}$  can then be reconstructed by calculating two asymmetry parameters ( $X, Y$ ) by integrating the averaged time-of-flight spectra  $n_{\text{L,R}}(t_{\text{TOF}})$  of the electrons photoemitted from Xe atoms by the intense few-cycle vis/NIR pulses in two different regions. The parametric plot of ( $X, Y$ ) in Fig. 2a was obtained by calculating, for each value of  $\Delta l$ ,  $X = (P_{\text{L}}^{(X)} - P_{\text{R}}^{(X)}) / (P_{\text{L}}^{(X)} + P_{\text{R}}^{(X)})$  and  $Y = (P_{\text{L}}^{(Y)} - P_{\text{R}}^{(Y)}) / (P_{\text{L}}^{(Y)} + P_{\text{R}}^{(Y)})$ , where  $P_{\text{L,R}}^{(X,Y)} = \int_{t_1^{(X,Y)}}^{t_2^{(X,Y)}} n_{\text{L,R}}(t_{\text{TOF}}) dt_{\text{TOF}}$ . The photoelectron spectra  $n_{\text{L,R}}(t_{\text{TOF}})$  were measured with the left (L) and right (R) microchannel plates (MCPs) of the set-up in Fig. 1. The values for the integration were  $t_1^X = 27 \text{ ns}$ ,  $t_2^X = t_1^Y = 31 \text{ ns}$  and  $t_2^Y = 45 \text{ ns}$ , respectively. These intervals were chosen and optimized for high phase asymmetry.

A theoretical parametric plot ( $X_{\text{TDSE}}, Y_{\text{TDSE}}$ ) (blue in Fig. 2a) was calculated by numerically solving the three-dimensional, time-dependent Schrödinger equation (TDSE) for valence electrons in isolated Xe atoms exposed to a strong few-cycle optical electric field  $F(t)$  with well-defined absolute CEP (see Methods for details). By associating an experimental pair ( $X, Y$ ) with a theoretical pair ( $X_{\text{TDSE}}, Y_{\text{TDSE}}$ ) via a radial angle  $\theta = \arctan(Y_{\text{TDSE}}/X_{\text{TDSE}}) = \arctan(Y/X)$  in Fig. 2a and, because each theoretical pair ( $X_{\text{TDSE}}, Y_{\text{TDSE}}$ ) corresponds to an absolute CEP, it is possible to associate a well-defined  $\varphi_{\text{CE}}$  to an experimental pair of parameters ( $X, Y$ ).

To calibrate  $Q_p(\Delta l)$  with respect to the absolute CEP of the incident laser pulses, the experimental pair ( $X, Y$ ) at the maximum value  $Q_p(\Delta l = 0)$  of the CEP-dependent transferred charge was used. The upper horizontal scale in Fig. 2b depicts the obtained calibration.  $Q_p(\varphi_{\text{CE}})$  oscillates with a period of  $2\pi$ , showing a relatively small error and high contrast with respect to the background noise, and has its maximum at  $\varphi_{\text{CE}}^{\text{max}} = (0.98 \pm 0.02)\pi$ . An important self-consistency check can now be performed by comparing the CEP retrieved from the stereo-ATI and the (meanwhile calibrated) solid-state measurement at various values of  $\Delta l$ . Figure 2c shows this comparison and reveals a very good agreement between the two methods. The error of the reported  $\varphi_{\text{CE}}$  detection method is on the same order as the error of the established stereo-ATI technique. It therefore lends itself to the determination of the absolute  $\varphi_{\text{CE}}$  of single few-cycle laser pulses, as long as there is an unambiguous relationship between measured current and pulse  $\varphi_{\text{CE}}$ .

We compared the results of the solid-state-based phase retrieval with the predictions of two quantum-mechanical models. The first model, which was used previously<sup>24</sup> to describe the ultrafast increase in conductivity of  $\text{SiO}_2$  nanojunctions, is based on the

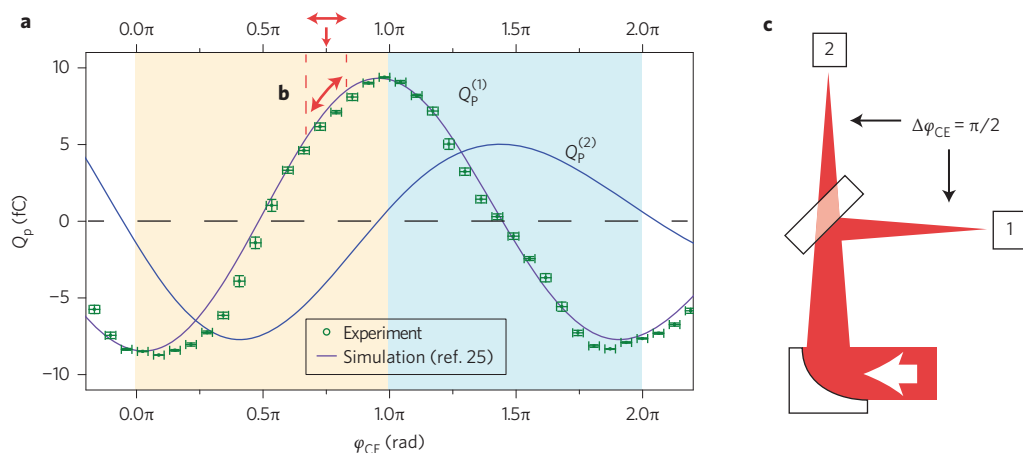
nearest-neighbour tight-binding approximation. The second model, presented in detail in ref. 25, describes quantum dynamics in a one-dimensional pseudopotential (see Methods for details). In both models, the electric field in the medium is evaluated self-consistently with the induced polarization. As shown in Fig. 2b, excellent agreement is achieved between the measured data and the predictions of both theoretical models.

Reliable determination of  $\varphi_{\text{CE}}$  at different laser intensities via the detection of  $Q_p$  calls for low sensitivity of the measurement result with respect to intensity variations. To assess this sensitivity, we performed a series of measurements of  $Q_p$  as a function of  $\varphi_{\text{CE}}$  (as in Fig. 2b) for different laser field strengths  $F_0$ . With varying  $F_0$ , we observe a displacement of the  $Q_p$  versus  $\varphi_{\text{CE}}$  curve with respect to  $\varphi_{\text{CE}}$ ; that is, when  $F_0$  varies, the value of  $\varphi_{\text{CE}}$  for which  $Q_p$  is maximum changes. Figure 2d shows this shift in the CEP scale with respect to the calibrated scale obtained at  $F_0 \approx 1.24 \text{ V \AA}^{-1}$ , together with the prediction of the theoretical models. For field strengths in excess of  $1 \text{ V \AA}^{-1}$ , good agreement is found between theory and experiment.

Both theory and experiment reveal significant shifts below  $1 \text{ V \AA}^{-1}$ , rendering this intensity regime unsuitable for CEP measurements by the solid-state detector. In stark contrast, for field strengths above  $1 \text{ V \AA}^{-1}$ , shifts of the  $Q_p$  versus  $\varphi_{\text{CE}}$  curves with varying  $F_0$  remain small (Fig. 2b). Only the amplitude of  $Q_p(\varphi_{\text{CE}})$  changes significantly and nonlinearly (cf. Fig. 2b in ref. 22). The phase calibration is robust with an accuracy on the order of  $\pm 310 \text{ mrad}$  in the range from  $F_0 \approx 1$  to  $2.5 \text{ V \AA}^{-1}$ , corresponding to  $I_0 \approx 1 \times 10^{13}$  to  $7 \times 10^{13} \text{ W cm}^{-2}$  (see upper axis in Fig. 2d for an intensity scale) or, in other words, to  $\pm 75\%$  around  $4 \times 10^{13} \text{ W cm}^{-2}$ . This is a remarkable result, because conventional techniques for CEP detection and stabilization show a much bigger sensitivity to fluctuations of the pulse energy<sup>26,27</sup>, where an energy fluctuation of 1% induced a  $\varphi_{\text{CE}}$  shift of 160 mrad.

However, the measurement of  $Q_p(\varphi_{\text{CE}})$  from a single metal-dielectric-metal junction, as described above, allows the determination of the absolute  $\varphi_{\text{CE}}$  of a single laser pulse with a remaining phase ambiguity only (cf. Fig. 2b). In fact, within the  $\varphi_{\text{CE}}$  interval of  $0-2\pi$ , two different values of  $\varphi_{\text{CE}}$  can give the same  $Q_p(\varphi_{\text{CE}})$ , for example,  $Q_p(0.7\pi) = Q_p(1.2\pi)$ . For stabilized  $\varphi_{\text{CE}}$ , this can be resolved by subsequent measurements of  $Q_p(\varphi_{\text{CE}})$  with slightly changed values of  $\varphi_{\text{CE}}$  around its nominal value (cf. Fig. 3b). In the absence of CEP stabilization, this ambiguity must be removed within one laser shot. This could be resolved by the use of two identical junctions, exposed simultaneously to pulses of equal field strength from the same source, for which the relative CEPs differ by  $\pi/2$  (Fig. 3c). Analogously to the photoelectron signals of the two independent MCPs in the stereo-ATI set-up, the pair of measured electronic signals  $Q_p^{(1)}(\varphi_{\text{CE}})$  and  $Q_p^{(2)}(\varphi_{\text{CE}})$  from both junctions is unambiguously related to the absolute CEP of the initial laser pulse,  $\varphi_{\text{CE}}$ . For example, in Fig. 3a,  $Q_p^{(1)}(0.7\pi) = Q_p^{(1)}(1.2\pi)$ , but  $Q_p^{(2)}(0.7\pi) \neq Q_p^{(2)}(1.2\pi)$ , allowing for disambiguation and single-shot CEP detection via  $\varphi_{\text{CE}} \simeq \varphi_{\text{CE}}^{\text{max}} + \arg(Q_p^{(1)} + iQ_p^{(2)})$ . This method of using the signals from both junctions also minimizes any potential phase errors arising from amplitude changes between consecutive laser pulses.

In summary, we have demonstrated the feasibility of measuring the absolute CEP of few-cycle laser fields with a solid-state device. Its ability to function in ambient conditions at relatively low laser energy, its stability against fluctuations of the laser energy, and also the provision of a direct electronic readout make this approach uniquely powerful. Furthermore, the lifetime of such a device is not limited by laser-induced damage. Thus, this light-phase detector holds promise as a valuable addition to the toolbox of attosecond metrology and spectroscopy, not only for absolute CEP detection, but also for CEP stabilization.



**Figure 3 | Direct determination of absolute CEP via directly measurable photocurrents.** **a**, The CEP-dependent component  $Q_p$  as a function of the absolute  $\varphi_{CE}$  of the incident laser pulse in the interval  $0-2\pi$  rad. **b**, The  $\varphi_{CE}$  of repetitive identical pulses can be detected with a single junction by slight variations of  $\varphi_{CE}$  around its nominal value (here,  $\varphi_{CE} = 0.75\pi$  is taken as an example). **c**, For the  $\varphi_{CE}$  detection of single laser pulses with very high signal-to-noise ratio, a device consisting of two Au-SiO<sub>2</sub>-Au junctions can be used. The pulse irradiating the second junction has a CEP shift of  $\pi/2$  after transmission through a dispersive beamsplitter, leading to an identical shift of the current from this junction (the corresponding simulation result is shown in blue). The sign (positive or negative) of the collected charge from the second junction  $Q_p^{(2)}$  can be used to determine if  $\varphi_{CE}$  is in the interval  $0-\pi$  or  $\pi-2\pi$ , and the measured charge value from the first junction,  $Q_p^{(1)}$ , can then be used to read out the actual value of  $\varphi_{CE}$ . Thus, the real-time electric field of the incident laser pulse can be reconstructed.

## Methods

**Source of ultrashort laser pulses.** Linearly polarized laser pulses in the vis/NIR, with  $\sim 400$   $\mu$ J pulse energy and controllable CEP, were generated at a repetition rate of 3 kHz with a customized Ti:sapphire chirped-pulse amplifier system<sup>23</sup>. The ultra-broadband spectrum of the laser pulses ranged from 500 to 1,050 nm, yielding a sub-4 fs pulse duration (full-width at half-maximum of the temporal intensity profile). This corresponds to an  $\sim 1.5$  cycle pulse at a carrier wavelength of  $\sim 0.75$   $\mu$ m. The laser pulses could either be focused onto the solid-state system or into the gas cell of the stereo-ATI device, reaching a cycle averaged peak intensity of up to  $1 \times 10^{14}$  W cm<sup>-2</sup>.

**Photoactive metal-dielectric circuit.** The solid-state device on which the experiments on ultrafast current in the solid state were performed comprised a nanoscale metal-dielectric-metal junction. These structures were fabricated by cleaving amorphous SiO<sub>2</sub> (Crystec GmbH) and coating the adjacent surfaces of the atomically sharp cleaved silica edge with  $\sim 50$  nm of Au evaporated at grazing incidence. Using this procedure, a pair of regular straight Au electrodes, isolated from each other by a SiO<sub>2</sub> nanotrench (width on the order of  $\sim 50$  nm), was obtained. This junction was coated with an additional sputtered SiO<sub>2</sub> nanofilm ( $\sim 200$  nm thick) to embed the Au electrodes in a homogeneous silica matrix. During the experiment, no bias voltage was applied to the electrodes.

**Detection scheme for optically induced CEP-dependent electrical signals.** The experimental data on optically induced ultrafast currents inside a solid-state device presented in this work are the CEP-dependent component of the optically generated electric signal in the nanojunction. This CEP-dependent component was filtered from CEP-independent contributions of the electric signal (for example, electric currents caused across the junction by CEP-independent photoionization of Au due to imbalanced irradiation of the pair of electrodes), which are up to two orders of magnitude bigger, by applying a lock-in technique. For this purpose the pulse train of the chirped-pulse amplifier system was synchronized such that two consecutive laser pulses had a CEP change of  $\pi$ , resulting in a modulation of the CEP at half the repetition rate of the laser pulse train. The optically induced electric signal in the solid-state device was amplified using a high-gain  $I/V$  converter with a bandwidth that supports the laser pulse train. With a lock-in amplifier referenced to the modulation frequency of the CEP modulation, the CEP-dependent component  $Q_p$  of the electric signal was extracted. The signal-to-noise ratio of the lock-in detection of  $Q_p$  was about 350.

**Stereo-ATI device for detecting absolute CEP.** The laser pulses were focused into a gas cell filled with Xe at a pressure of  $\sim 3.5 \times 10^3$  mbar, in which the strong laser field leads to above-threshold ionization of the Xe atoms and subsequent acceleration of the released electrons in the laser field. A CEP-dependent signature was imprinted on the kinetic energy distribution of the electrons accelerated in the opposite direction along the laser polarization. Those energy distributions were recorded by detecting the electrons' flight time through a 155-mm-long vacuum tube (pressure,  $\sim 2 \times 10^{-6}$  mbar) on both sides of the gas cell by using a MCP at the end of each vacuum tube and a photodiode behind the gas cell to detect the time of the laser pulse incidence. Thus, the absolute CEP of the incoming laser pulses could be reconstructed once the

absolute dependence of the photoelectron spectrum on the CEP was determined. This was done by numerically solving the TDSE in the single active electron approximation<sup>28,29</sup> using a model atomic potential known to accurately reproduce the energy structure and rescattering behaviour in strong-field photoionization<sup>30</sup>, and averaging the resulting photoelectron spectra over intensity. This map of photoelectron energy versus CEP was then related to the experimental data, as described in the main text.

**Details of the quantum-mechanical simulation.** Two models were used. The first is the same as that described in ref. 24. The second, described in ref. 25, used an effective one-dimensional periodic potential

$$U(z) = \sum_{n=-\infty}^{+\infty} c_1 \{ \tanh^2 [c_2(z + na)] - 1 \}$$

with parameters that approximate the properties of  $\alpha$ -quartz along the [0001] direction (lattice constant  $a = 5.4$   $\text{\AA}$ ,  $c_1 = 54.86$  eV and  $c_2 = 1.553$   $\text{\AA}^{-1}$ ). The solution of the stationary problem yields a bandgap of  $E_g \approx 9$  eV and an effective electron mass in the lowest conduction band of  $m_e \approx 0.4 m_0$ . Parameters  $c_1$  and  $c_2$  were adjusted to obtain the best agreement between simulations and experimental data. Evaluating the transferred charge  $Q_p$ , we averaged over the intensity distribution in the laser spot,  $Q_p \propto \int_0^\infty q_p [F_0(x)] dx$ . Here,  $q_p [F_0]$  is the charge density for a given peak amplitude and we assumed a Gaussian beam profile with a centre at  $x = 0$  and a beam waist of 50  $\mu$ m. Our simulations indicate that the observed relative phase shift in the dependence of  $Q_p(\varphi_{CE})$  on the laser intensity (Fig. 2d) is related to the interplay between two competing forces acting on electrons: the field of the laser pulse and the screening field induced by the macroscopic polarization of the dielectric.

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### Author contributions

T.P.-C., A.S., R.K., R.E. and F.K. conceived and supervised the experiments. A.S., T.P.-C., D.G., O.R., S.M., J.R. and J.V.B. participated in sample design and fabrication. T.P.-C., A.S., N.K., A.A., Sa.K. and Ö.S. performed the measurements. St.K., V.A., M.I.S. and V.S.Y. provided the theoretical description and numerical modelling of the solid-state device for phase detection. T.P.-C. and N.K. performed numerical simulations and analysis of the stereo-ATI measurements. T.W. provided the stereo-ATI phasemeter. T.P.-C., A.S., N.K., St.K., M.K., T.W., V.S.Y., R.K., R.E. and F.K. analysed and interpreted the experimental data. All authors discussed the results and contributed to the final manuscript.

### Additional information

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### Competing financial interests

The authors declare no competing financial interests.